

## **Personal Survival Techniques (PST) – Training Information**

### **What:**

The required course is the STCW 2010 Personal Survival Techniques. You must complete the MCA (Maritime & Coastguard Agency) STCW 2010 accredited course, who issue the STCW certificate. Please ensure you complete the full one-day course and not the half-day refresher, even if you have completed the training before.

### **Who:**

Anybody going on a BAS ship, which includes:

- Those using the ship as a method of transport to a final destination,
- Those working on deck i.e., Science Cruise and those who will be travelling on a BAS ship during their time South, even if initial travel has been by aircraft.
- Those going to/from Rothera by aircraft are decided on a case-by-case basis by the Polar Operations team.

If you are unsure of your routing or whether you will be travelling by ship, please contact the Polar Operations Support Team in the first instance: [basopssupport@bas.ac.uk](mailto:basopssupport@bas.ac.uk).

### **How & Where:**

- **BAS Cambridge staff & students**, it is **YOUR responsibility to arrange your own training** the cost of which will be met from your section's own budget. The training course costs approximately £150 - £250.

Details of course providers can be view on the below link:

[https://assets.publishing.service.gov.uk/media/67d2e6824702aacd2251cbc9/PST\\_13-03-2025.pdf](https://assets.publishing.service.gov.uk/media/67d2e6824702aacd2251cbc9/PST_13-03-2025.pdf)

***(Please note BAS Antarctic Employment Pool (AEP) staff PST training (only) is arranged by Polar Operations Support Team, as part of Pre-Deployment Training.)***

### **Why:**

The Manila amendment changes the Maritime & Coastguard Agency's STCW International Convention on Standards of Training, Certification and Watch Keeping for Seafarers to now state that from 1<sup>st</sup> January 2017 you must have documentary evidence of either having completed the training course or updated your training within the last 5 years.

The Maritime & Coastguard Agency categorises the status of people carried on BAS ships as 'Special Purpose Personnel' (SPP's). All SPP's **MUST** hold a PST certificate to travel on BAS ships. It is important that the training is completed before you travel as it could well

affect both the length of your stay in Antarctica and the flexibility BAS has in moving people between the gateways and stations.

PST training is **MANDATORY** for anyone who is travelling on a BAS ship. This applies equally to anyone travelling on non-BAS ships - it is an international requirement, not just a BAS rule. **Please remember that you must take your original certificate with you when you travel!**

**When:**

- The course **must be completed by 1<sup>st</sup> October 2025.**
- **Upon completion, please e-mail a copy of your certificate to Polar Operations Support Team: [externalvisitors@bas.ac.uk](mailto:externalvisitors@bas.ac.uk) and copy the email HR [bastraining@bas.ac.uk](mailto:bastraining@bas.ac.uk) for updating your personal records.**

Human Resources March2025.