

## **BRITISH ANTARCTIC SURVEY IMMUNISATION REQUIREMENT**

Jan 2013

The BASMU immunisation policy explains all the background as to why BASMU expect all staff deploying to Polar remote regions to have the following inoculations.

***Your GP will hold a record of your immunisation status and be able to provide the dates requested.***

### **For everyone**

#### **Diphtheria / Tetanus / Polio.**

A combined vaccine. Booster every 10years up to maximum of 5 courses.

#### **Meningitis ACWY**

Single dose. Booster every 5 years to age 35.

#### **MMR (measles, mumps, rubella)**

A combined vaccine, one course.

### **For those who wish to have the vaccine (an individuals choice)**

#### **Yellow Fever**

Recommended by the authorities who operate the Brize Norton (UK) – Ascension Island – Falkland Islands air route in case of aircraft diversion. Not mandatory, down to individual choice

NOT required for Arctic work.

### **For certain people as advised**

#### **BCG (Tuberculosis)**

If screening information highlights this requirement.

#### **Hepatitis A**

For workers exposed to raw sewage.

#### **Hepatitis B**

For some health care workers.

#### **Rabies**

For staff travelling through high risk rabies areas on the way to and from Polar regions.

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If you need to update BASMU of your immunisation status, use a copy of this sheet, tick and date the vaccines above as appropriate, complete name and date of birth below; then forward the sheet to BASMU.

FULL NAME (print).....

Date of Birth.....

SIGNATURE.....